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Naval School of Health Sciences

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Operational Definitions of Labor and Delivery **Nursing Activities**

An Extension of the Workload **Management System for Nursing Project**

LCDR Jane P. Bussey, NC, USN CDR Carolyn S. Warren, NC, USN

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OPERATIONAL DEFINITIONS OF LABOR AND DELIVERY NURSING ACTIVITIES

An Extension of the Workload Management
System for Nursing
Ambulatory Care Project

Report 4-87

July 1987

LCDR Jane P. Bussey, NC, USN CDR Carolyn S. Warren, NC, USN

Naval School of Health Sciences Research Department Bethesda, MD 20814-5033

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THE CODING SYSTEM OF THE LABOR AND DELIVERY NURSING CARE ACTIVITIES

The Workload Management System for Nursing (WMSN) is a patient classification/staffing system operational in the medical, surgical, critical care, and pediatric inpatient areas of 36 Navy and 50 Army hospitals. Current research (FY 86-37) will extend the WMSN into the emergency and outpatient departments. This report documents the preliminary extension of the WMSN into the Labor and Delivery area.

A 1984 unpublished study by LCDR Joyce Campany, NC, USN, at Naval Hospital, Cherry Point, North Carolina, and CDR Marie Rossi, NC, USN, at Camp Pendleton, California, provided the impetus for the project. The present report also utilized activities delineated in the Nursing Army Care Hours Standards study (Sherrod, Rauch, and Twist, 1981). The direct care nursing activities have been operationally defined and coded with a four-digit code for the purpose of determining standard mean times for use in a patient classification instrument for staffing.

Definitions of those activities previously described in the Sherrod study also include a five or six digit code (Sxxxx or Sxxxxr) in order to simplify later comparisions of time measurements (see Appendix A).

The four digit code captures the following information: first digit: the clinical area (A-Z); second digit: the general

catergory or type of activity (#1-9 plus 0); and third and fourth digit, the direct care activity number (#1-99). For example, Z0G3 refers to Z (Labor and Delivery), 0 (specialty procedure), 03 (amniotomy). Some activity codes are labeled with other letters, such as E (Emergency Dept) or M (Obstetric-Gynecology Clinic), identifying procedures that were previously coded in the ambulatory care research project (Warren, Sturm, and Styer, 1937). In the ambulatory care study, general procedures common to many areas were labeled with an initial code letter "x" which was replaced by each clinical area's code letter. In the Labor and Delivery study, the code letter "Z" will replace the "x" in general procedures. Specialty coded activities will retain their original code letters. (See Appendix B)

Eleven categories of direct care activities in Labor & Delivery were developed to simplify locating codes of various activities for time and motion studies.

Obstetric
General Procedures
Mobility
Psychological
Weights/Measures
Nutrition

Elimination
Medications/IV Therapy
Diagnostic Tests
Cardiopulmonary
Emergency Procedures

The operational definitions will not state but should be understood to incorporate the following:

- (1) necessary medications, supplies, or equipment are gathered, equipment is calibrated, appropriate preliminary paperwork is accomplished, and hands are washed;
- (2) the patient is identified correctly and appropriately screened for privacy;
- (3) the person giving the care explains to the patient or significant other what the caregiver is going to do;
- (4) the transportation of specimens, chart, or the patient is accomplished
- (5) equipment is removed (when indicated), the patient care area is straightened, and hands are washed;
- (6) observations and procedures are documented.

OBSTETRIC

CODE

- ZOO1 ADJUST ULTRASONIC TRANSDUCER/TOCOTRANSDUCER: (S2435)
- Z002 AMNIOCENTESIS, ASSIST: explain procedure to patient.

 Obtain written consent from patient. Assist patient to supine or semi-recumbent position. Obtain baseline maternal and fetal vital signs. Assist provider as needed, maintaining aseptic technique. Collect specimens and send to laboratory. (S 2424 r).
- Z003 AMNIOTOMY, ASSIST: position patient for procedure, assess maternal and fetal vital signs; assist provider with procedure. (S 2423)
- CESAREAN SECTION, ASSIST: identify the patient, review chart, obtain permit, prep patient, transport patient to OR, assist patient to table and reposition, assist physician, circulate, set-up instrument tray; drape patient, assist with newborn care; provide opportunity for family bonding, and assist significant other as needed, label pathology specimen.
- ZOO5 <u>CHANGING PERINEAL PAD</u>: assess amount of bleeding, change perineal pads.
- Z006 COMFORT MEASURES: wash patient face and hands, assist with oral hygiene, offer ice chips, provide back rubs as needed, assist with position changes; assist to the bathroom or offer the bedpan; give partial bed bath or assist to the sink for a partial bath, with change of hospital gown.
- Z007 <u>DILATATION AND EFFACEMENT ASSESSMENT, ASSIST</u>: position patient for procedure, assist provider with the examination. (S 2404 r)
- DILATATION AND EFFACEMENT, INITIAL CHECK AND INTAKE,

 ASSIST: review patients' records. Obtain history. Escort patient to the exam room. Obtain urine specimen, dipstick for sugar and protein; obtain an actual weight; position on examination table; obtain maternal and fetal vital signs; assist with vaginal examination; prep and administer enema as required. (S 2434 r)

- DILATATION AND EFFACEMENT, INITIAL CHECK and INTAKE (RM): review patient's outpatient record, obtain history, obtain maternal and fetal vital signs, obtain urine specimen, perform urine dipstick for \$ & A, obtain an actual weight, perform a sterile vaginal exam or sterile speculum exam if appropriate, administer enema if appropriate. (\$ 2403 r)
- Z010 DILATATION AND EFFACEMENT LABOR CHECK WITH VITAL SIGNS (RN): reposition the patient, give information about the exam, perform the exam, reposition the patient as needed, readjust the fetal monitor as needed, take B/P, temperature, pulse, respirations.
- Z011 <u>DILATATION AND EFFACEMENT LABOR CHECK WITHOUT VITAL SIGNS</u>
 (RN): position patient for procedure, perform vaginal examination for assessment of dilatation level and effacement. (S 2403 r)
- FETAL ELECTRODE INSERTION, ASSIST: position patient, assist provider with procedure, secure monitor leads to leg plate to patient's lower extremity, connect equipment, assess and record fetal heart rate. (S 2406 r)
- FETAL ELECTRODE INSERTION (RN): position patient, insert fetal electrode, secure monitor leads to leg plate to patient's lower extremity, connect, assess and record fetal heart rate. (S2405r)
- FETAL ELECTRODE INSERTION/INTRAUTERINE CATHETER INSERTION,

 ASSIST: position patient for procedure, secure monitor
 leads to patient's lower extremity, assess and record fetal
 heart tones. Set up equipment, assist provider with
 procedure, connect monitoring equipment, flush intrauterine
 catheter with sterile water, assess and record uterine
 contractions. (S 2431 r)
- ZO15 FETAL ELECTRODE INSERTION/INTRAUTERINE CATHETER INSERTION

 (RN): position patient, insert fetal electrode, secure monitor leads to leg plate and secure it to patient's lower extremity, connect, assess and record fetal heart rate.

 Set up equipment, insert catheter, connect monitoring equipment flush catheter with water, calibrate. (S 2430 r)

x208 <u>FETAL HEART TONES, DOPPLER</u>: expose abdominal area, assess fetal heart tones utilizing the doptone with lubricant, clean abdomen (S 2413)

- x209 <u>FETAL HEART TONES, MANUAL</u>: position patient in left lateral or semi-recumber position, find best quadrant for FHT's, place fingers over maternal radial pulse; count fetal heart tones for one minute. (S 2412)
- Z016 <u>FETAL SCALP BLOOD SAMPLE, ASSIST</u>: position the patient, assist the provider, take the sample to the fetal scalp pH machine, obtain the reading or send the sample to the main lab. (S2414r)
- x546 <u>FLEETS ENEMA</u>: position patient, instill enema, provide bedpan, or assist to bathroom.
- ZO17 <u>FUNDUS MASSAGE (POST-PARTUM)</u>: Upon arrival at bedside, expose patient's lower abdominal area, massage fundus; assess height of uterus and flow of lochia.
- ZO18 GENERAL ANESTHESIA, RECOVERY OF POST-PARTUM PATIENT:

 Monitor VS q 5" until stable, then q 15" x 4, q 30" x 2, q
 1 hour x 4 or release from anesthesia, check
 incision/dressing or episiotomy, check fundus, lochia,
 bladder, assist patient in coughing/deep breathing,
 transport to ward.
- ZO19 INTERNAL OR EXTERNAL MONITORING UTERINE ACTIVITY/FETAL HEART TONES: assess and calculate the amplitude and duration of the contractions; record fetal heart rate and contraction findings. (S 2409r)
- ZO20 INTRAUTERINE CATHETER INSERTION: position patient, insert catheter, connect monitoring equipment, flush catheter with water; record. (S 2407 r)
- ZO21 INTRAUTERINE CATHETER INSERTION, ASSIST: position patient, assist provider with procedure, connect monitoring equipment, flush catheter with sterile water. (S 2408 r)
- ZO22 <u>INTRAVENOUS TITRATION OF MEDICATION</u>: check infusion pump operation and IV flow rate, make flow rate adjustments, monitor patient and fetal response.
- ZO23 LOCAL ANESTHESIA, RECOVERY OF POST-PARTUM PATIENT: monitor VS q 15" x 4, q 30" x 2; check episotomy, fundus, lochia, bladder.
- ZO24 MANUAL ASSESSMENT OF CONTRACTION: expose abdominal area, place hand over uterus and assess strength and duration of uterine contraction. (S 2410)

Z025

- ZU26 MONITORING FETAL HEART TONES, ULTRASONIC TRANSDUCER: utilizing monitoring equipment, assess fetal heart tones. (S 2436)
- Z027 <u>NEWBORN CARE</u>: provide Apgar assessment, thermoregulation, identification, airway patency, suction airway, oxygen therapy as needed, opportunity for family bonding, transfer to nursery.
- ZO28 <u>NEWBORN IDENTIFICATION PROCEDURE</u>: Apply bracelets to arm, leg and monther, obtain foot prints. (S 2425 r)
- MO04 NIPPLE STIMULATION CONTRACTION TEST: set patient up as for a non-stress test. Explain procedure to patient; apply warm wet towels to the patient's breast for a 5-10 minute period. Obtain baseline for FHT's and uterine activity. Begin the test, monitoring intermittently. Contact provider when test is ready for interpretation. When test is completed, detach patient from monitor.
- MO05 NON-STRESS TEST: explain procedure to patient. Prepare & position patient & equipment. Turn on fetal monitor, recording patient's name, date, time and reason for test. Instruct patient to depress test button when she experiences fetal movement. monitor the fetal heart rate's response to fetal movement. Contact provider when test is ready for final interpretation. Detach patient from monitor. (S 2422 r)
- Z029 OB SICK CALL: obtain history from the patient, review her outpatient chart; obtain maternal and fetal vital signs; measure weight; obtain a urine specimen, perform an S & A; notify the provider; continue to monitor as needed.
- Z030 OBSERVATION/ASSESSMENT/COACHING, SECOND STAGE OF LABOR:
 evaluate amplitude and duration of each contraction, assess
 fetal heart tones and to encourage proper breathing and
 bearing down efforts.

- OXTOCIN CHALLENGE TEST: explain procedure to patient and offer emotional support. Obtain written consent. Prepare & position patient and equipment. Record baseline measurements of any contractions, fetal movement and fetal heart rate. Obtain maternal vital signs. If no spontaneous contractions occur, start IV solution with Pitocin piggy-back, (as ordered by physician, continuing to monitor maternal vital signs every fifteen minutes during the procedure). Contact medical officer when test is ready for interpretation; when test is completed, detach patient from monitor. (S 2421 r)
- ZO31 PERINEAL SUTURE CARE: cleanse area with antiseptic solution, irrigate with water, dry suture area, and apply heat lamp to suture line. (S 2418)
- Z032 <u>PITOCIN INDUCTION, ASSIST</u>: obtain written consent, assess maternal and fetal vital signs; assist provider with initiation and regulation of pitocin infusion. Assess uterine activity/FHTs. (S 2411r)
- ZO33 <u>PITOCIN INDUCTION (RN)</u>: obtain written consent, assess maternal and fetal vital signs, attach to fetal monitor, initiate intravenous infusion, regulate flow rate, Assess uterine activity/FHTs. (S 2427 r)
- ZO34 POST PARTUM TUBAL LIGATION (PERFORMED ON LABOR DECK,

 ASSIST): review chart, identify patient, transport patient to OR, assist patient on to the table, reposition, assist physician, prep patient, set up instrument tray, circulate, lab specimens, move patient from table to gurney. Transport to recovery room.
- Z035 REGIONAL ANESTHESIA, RECOVERY OF POST-PARTUM PATIENT: monitor VS q 15" x 4, q 30" x 2; q 1 H x 4; check incision, fundus, lochia, bladder, return of sensation and movement; transport to ward.
- Z036 SUPPORT DURING CONTRACTION: verbally reassure patient, provide touch support as indicated, encourage and demonstrate proper breathing. (\$ 2402)
- ZO37 <u>TEACHING BREAST CARE</u>: instruct patient on breast care, proper support, and how to recognize minor signs and symptoms of problems that may occur post partum. (S2420r)

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- ZO38 TEACHING BREAST FEEDING: provide instructions on the technique of breast feeding; observe and assist mother during the feeding process to assess proper technique. (S 2426)
- ZO39 <u>TEACHING PERINEAL SUTURE CARE</u>: instruct patient on technique of perineal care, i.e, cleansing suture area. (S 2419 r)
- ZU01 TOCOTRANSDUCER/TRANSDUCER, ADJUSTMENT: (see ZU01)
- ZO40 TOCOTRANSDUCER APPLICATION: position patient, expose abdominal area, apply tocotransducer, connect to monitoring equipment, assess status of contraction. (S 2428)
- ZO41 TOCOTRANSDUCER AND ULTRASONIC TRANSDUCER APPLICATION:
 position patient, expose abdominal area, apply
 tocotransducer and ultrasonic transducer, connect to
 monitoring equipment, assess status of contractions and
 fetal heart tones. (S 2432)
- ZO42 TOXEMIA CHECKS (RN): perform deep tendon reflex checks, bilaterally, check the optic fundi, question the patient regarding visual disturbances, abdominal, epigastric pain, review B/P and urine S & A.
- MO07 <u>ULTRASOUND</u>: prepare patient, instruct patient, carry out invasive sound wave procedure visualizing fetus.
- Z043 <u>ULTRASOUND</u>, <u>ASSIST</u>: position patient, expose abdomen, assist provider, cleanse abdomen.
- MOO8 <u>ULTRASOUND/BIOPHYSICAL PROFILE</u>, <u>ASSIST</u>: obtain baseline maternal and fetal vital signs, expose the abdomen, assist the provider, clean the abdomen after the test is completed.
- ZO44 <u>ULTRASONIC TRANSDUCER APPLICATION</u>: position patient, expose abdominal area, locate fetal heart tones, apply ultrasonic transducer, connect to monitoring equipment, assess status of fetal heart tones. (S 2429)
- ZO45 VAGINAL DELIVERY IN BIRTHING ROOM: position patient, assist patient, significant other and provider as needed, intiate or maintain IV, monitor maternal and fetal VS, provide opportunity for family bonding.

- VAGINAL DELIVERY IN THE DELIVERY ROOM: move patient to the delivery room, position the patient for delivery, monitor maternal and fetal vital signs (manually) or reconnect fetal monitor, start or maintain IV, assist the patient, significant other, and provider as needed,
- ZO47 VAGINAL DELIVERY, RECOVERY OF PATIENT (WITHOUT ANESTHESIA):
 Monitor VS q 15" x 4; check perineum, fundus, lochia, and bladder.

GENERAL PROCEDURES

	GENERAL PROCEDURES
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CODE	
Z048	AM CARE: assist patient with complete bed bath and oral hygiene. (S0104r)
Z049	AM CARE, PARTIAL: assist with partial bedbath and oral hygiene. (SOI14r)
Z050	BACK RUB: undress and turn patient to expose back, rub back with lotion, assist as needed with dressing. (S 1617)
Z051	
Z052	BATHING, COMPLETE: bathe total care patient. (S0101 r)
Z053	BATHING, SUPPLIES PROVIDED: allow time for self-care patient to bathe and change pajamas. (SO113)
x513	CATHETERIZATION - FOLEY: using sterile technique, prepare patient and insert Foley Catheter, inflate balloon, tape catheter in position, connect to urinary drainage bag. Obtain urine specimen. (S 1901)
x724	CATHETERIZATION - STRAIGHT: using sterile technique, prepare patient and insert catheter, empty bladder and remove straight catheter. Obtain urine specimen. (S 1902)
Z054	CHANGE CHUX: position patient, remove soiled chux, place clean chux under patient, straighten bed. (SOll8 r)
Z055	CHANGE TOP SHEET: replace top sheet with clean sheet. (SO117r)
x502	COLLECT VALUABLES/PERSONAL EFFECTS: assemble required forms and appropriate number and type of personnel; collect/record valuables and personal effects; secure or carry to designated area.
E002	DEATH CARE: prepare patient and appropriate identification and documents; cover with a shroud; inventory personal valuables and clothing; complete SL/VSL chit and notify morgue prior to transport of body. (S 1621 r)
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- Z056 FOLEY CATHETER CARE: cleanse area around catheter, apply ointment. (S 1903)
- x514 <u>FOLEY CATHETER REMOVAL</u>: expose catheter and drainage system, deflate balloon and remove catheter, obtain specimen, if required. Measure urine and record on Intake and Output Record. (S 1907)
- Z057 <u>HEAT LAMP</u>: place or position lamp at bedside, expose site, and apply heat lamp. (S 1616)
- E004 ISOLATION, GOWNING AND GLOVING: upon arrival at isolation area, wash hands, put on isolation gown, mask, and gloves; or when departing the isolation area, remove isolation gown, mask, and gloves; then wash hands. (S 1620)
- x529 OCCUPIED BED LINEN CHANGE: turn patient on side, roll linen to one side of bed, replace with clean linen, turn patient to freshly made side of bed, remove soiled linen and complete bed making. (S 0109).
- Z058 ORAL HYGIENE: turn patient to his/her side, clease gums, teeth and mouth with applicators; then remove equipment from area. (S0103)
- Z059 <u>PERINEAL CARE</u>: prepare and cleanse perineal area (use bedpan with treatment solution. (S 1906)
- x510 REINFORCE DRESSING: apply dressing to present dressing for reinforcement. (\$\frac{1}{5}\$ 1606)
- Z060 SHOWER ASSIST/STAND-BY: assist patient in undressing, into shower, with bath and hair shampoo, assist in dressing, and back into the wheelchair. (S 0115)
- Z061 SITZ BATH: prepare sitz bath equipment, assist patient into sitz bath tub or into bathroom, assist patient from the tub and towel dry, and then assist patient back into bed. (S 1612)
- x539 SURGICAL PREP, LOCAL: prepare skin for prep, shave area specified. (\$\frac{1613}{}\)
- x548 <u>UNOCCUPIED BED LINEN CHANGE</u>: remove soiled linen, place bottom sheet on mattress, then place top sheet; change pillow cases; remove soiled linen from area. (S 0110)

- x736 <u>URINE SPECIMEN FOLEY</u>: collect sample from Foley catheter, label specimen. (S 1905r)
- x617 <u>URINE SPECIMEN ROUTINE/CLEAN CATCH</u>: instruct patient on how to collect specimen, label specimen. (S 1904)
- x537 <u>VAGINAL/PELVIC EXAMINATION (STAND-BY)</u>: assist patient onto examination table, position patient, set up equipment and assist provider with the procedure; than assist patient off the examination table. (S 1910)

MOBILITY

- Z062 ADJUSTING POSITION OF BED: raise, lower or adjust position of bed. (S 0502)
- ADJUSTING RESTRAINT: replace or appply restraints to upper and/or lower extremities. (S 0506)
- x529 ADJUSTING SIDE RAIL: changing position of side rail, i.e., up, down, or removal. (S 0505)
- x531 <u>CHANGING PATIENT'S POSITION IN BED</u>: remove support pillows, reposition patient; apply support pillows. (S0501)
- FOWLERS/TRENDELENBURG POSITION: position patient (bed/gurney) in Fowlers or Trendelenburg position; assess comfort and condition of patient. (S 0507)
- Z063 MOBILITY AMBULATING FIRST TIME: assist patient into sitting position on side of bed; then into upright standing position; walk with patient; then assist patient back into bed. (S 0401)

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- Z064 MOBILITY ASSIST WHILE WALKING: assist patient into a sitting position on side of bed, then into an upright standing position, then with ambulation, and then back into bed. (\$ 0405)
- Z065 MOBILITY BED TO CHAIR: position chair/wheelchair at bedside, assist patient into sitting position, slowly bring patient into an upright or upright standing position; then assist into chair and back to bed. (\$ 0403)

- Z066 MOBILITY BED TO COMMODE: position chair next to bedside, assist patient into sitting position, slowly bring patient into an upright standing position, assist patient on to commode chair and then assist patient back into bed. (S0404)
- Z067 MOBILITY BED TO STANDING POSITION: assist patient into sitting position on side of bed, then slowly bring patient into an upright position; then assist back into bed. (S0402)
- Z068 MOBILITY BED TO STRETCHER: place stretcher at bedside, transfer patient to stretcher, fasten safety straps or adjust side rail, remove stretcher from bedside (or reverse procedure). (S 0504)
- x412 <u>MOBILITY SITTING ON SIDE OF BED</u>: assist patient into sitting position on side of bed; then assist patient back into supine position. (S 0406)

PSYCHOLOGICAL

- ANSWERING PATIENT'S QUESTION: time spent in answering patient's question or in response to the patient call system. (S 0703)
- EXPLANATION OF PROCEDURES AND TESTS: instruct patient on what one can expect from procedure/test, what the health care personnel will be doing during the procedure/test, and why such procedure/test is being done. (S 0702)
- Z069 ORIENTATION TO CLINICAL UNIT: instruction the use of the nurse's call system, the hospital bed, and the layout of the physical facility. (S 0701)
- x620 <u>VISIT WITH PATIENT/PURPOSEFUL INTERACTION</u>: time spent with patient not in response to patient request or question. (S0704r)

WEIGHT/MEASURES

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x202 AMBULATORY WEIGHT: assist patient onto the scales, balance scales, read and record weight, assist patient off the scales. (S 0901)

- x203 AUTOMATED BLOOD PRESSURE AND PULSE MONITOR: attach cuff to patient; select parameters and record results at intervals

- AUTOMATED BLOOD PRESSURE AND PULSE MONITOR: attach cuff to patient; select parameters and record results at intervals ordered or PRH.

 Z070 BED SCALE WEIGHT: assist patient onto the scales, read and record weight, assist patient off scale. (\$0902)

 x204 BLOOD PRESSURE, MANUAL: place cuff around extremity, position stethoscope, measure blood pressure, remove cuff, record results. (\$0001)

 x216 ORAL TEMPERATURE, PULSE AND RESPIRATIONS: position temperature probe or thermometer. Place fingers over radial artery pulse and count rate. Count respiratory rate while finger are placed over radial artery pulse. Remove fingers from radial artery pulse rate, record results of measurements. (\$0808)

 x217 ORAL TEMPERATURE, PULSE, RESPIRATIONS, & (MANUAL) BLOOD PRESSURE: after positioning temperature probe or thermometer, court respiratory rate while fingers are placed over radial artery pulse. Calculate pulse and respiratory rate; place cuff around extremity, position stethoscope, measure blood pressure, remove 3P cuff and thermometer when completed.

 x219 PULSE APICAL: place stethoscope over apex of heart and count rate, remove stethoscope, record pulse rate. (\$0803)

 x220 PULSE DOPPLER: place stethoscope over apex of heart and count rate, remove stethoscope, record pulse and area, assess and record pulse rate. (\$0803)

 x221 PULSE DOPPLER: place stethoscope over pulse and area, assess and record rate, remove fingers from pulse area and record rate, remove fingers from pulse area and record rate, remove fingers from pulse area and record results. (\$0802)

 x222 PULSE RADIAL/BRACHIAL: place fingers over pulse and count/record rate, remove fingers from pulse area and record results. (\$0802)

- x226 <u>RESPIRATIONS</u>: count/calculate/record respiratory rate. (S0804)
- x227 TEMPERATURE AXILLARY, ELECTRONIC/MERCURY: place temperature probe or thermometer in axillary area, measure temperature, remove temperature probe or thermometer, record. (S 0807)
- x228 <u>TEMPERATURE ORAL, ELECTRONIC/MERCURY</u>: place probe or thermometer under tongue, measure/record temperature. (S0805)
- x229 <u>TEMPERATURE RECTAL, ELECTRONIC/MERCURY</u>: adjust clothing, insert temperature probe or thermometer in anus, measure/record temperature. (S 0306)

NUTRITION

- x512 FLUID: place plastic drinking tube in liquid, give fluid to patient then remove drinking cup and/or place within reach at patient's bedside. (S 0202)
- x212 <u>MEASURING AND RECORDING INTAKE</u>: place calibrated cylinder/container at bedside; measure or calculate fluids and record amount on Intake and Output record. (S 0208)
- Z071 <u>SERVING MEAL TRAY</u>: place tray at bedside assist as necessary with food and utensils. (S 0204 r)
- Z072 SNACK: place snack at bedside and, if required, prepare food for eating. (S 0203)

ELIMINATION

\$2222 - ESSESSION DESPERSION DESPENSION DESCRIPTION DESCRIPTION DESPENSION

- x515 <u>BEDPAN, ASSIST</u>: place bedpan at bedside, place patient on bedpan, provide toilet tissue, remove patient from bedpan, cover bedpan, and remove from area. (S 0305)
- x519 INCONTINENT CARE: place equipment at patient's bedside, bathe buttocks, perineum and thighs; change bedding; then remove equipment and soiled linen from area. (S 0307)
- MEASURING AND RECORDING OUTPUT DRAINAGE BOTTLES ALL

 TYPES: pour contents from drainage bottle into calibrated cylinder, measure or calculate volume, replace drainage bottle, record amount on Intake and Output Record. (S0304)

- x214 MEASURING AND RECORDING OUTPUT LIQUID FECES/VOMITUS: remove bedpan from patient's bedside; measure feces/vomitus in calibrated cylinder, record amount on Intake and Output. (SC302r)
- x215 <u>MEASURING AND RECORDING OUTPUT URINE</u>: measure or calculate volume, record amount on Intake and Output Record. (S 0301)

MEDICATION/IV THERAPY

- Z073 <u>HEPARIN LOCK (INITIATE)</u>: set up Heparin lock, apply tourniquet, cleanse site, perform venipuncture, insert IV cathater, irrigate catheter with normal saline, attach cap, flush with Heparin.
- x209 <u>INTRAMUSCULAR, NARCOTIC</u>: locate site of injection, administer medication; observe patient response.
- x810 <u>INTRAHUSCULAR (NON NARCOTIC)</u>: locate site for injection, administer medication. (\$ 2102r)
- x811 INTRAVENOUS INFUSION BLOOD, BLOOD PRODUCTS: assure correct transfusion, connect to present intravenous system, record on Intake and Output Record. (S 1514r)
- x312 INTRAVENOUS INFUSION CHANGE IV CONTAINER: remove used IV container and replace with new IV container. (S 1506)
- x829 <u>INTRAVENOUS INFUSION CHECK/FIX</u>: assess problem, adjust as needed.
- x813 <u>INTRAVENOUS INFUSION FLOW RATE</u>: calculate and adjust flow rate as specified. (\$ 1504)
- x814 INTRAVENOUS INFUSION INFUSION PUMP SET UP: set up IV tubing and adjust flow rate dial. Record on Intake and Output Record.
- INTRAVENOUS INFUSION INITIATE: apply tourniquet to extremity, cleanse site, perform venipuncture and connect IV tubing, apply dressing, and tape securely. Calculate and regulate flow rate, record at site, on bag and on Intake and Output Record. (S 1505)

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- INTRAVENOUS INFUSION IV CATHETER CARE: remove dressing from IV catheter site, cleanse skin, apply ointment, replace dressing and then date, time and initial the dressing, change IV tubing. (S1508)
- x816 <u>INTRAVENOUS INFUSION IV PUSH MEDICATION</u>: select site for injection of solution utilizing existing system, administer IV solution. (S 1507)
- x317 <u>INTRAVENOUS INFUSION PIGGY-BACK MEDICATION</u>: select site for administration of solution utilizing existing system, record on Intake and Output record. (S 1509)
- x819 INTRAVENOUS OR ARTERIAL LINE TERMINATION: remove dressing and terminate IV or arterial catheter/needle, apply pressure to site, and record on Intake and Output Record. (S 1510)
- x807 <u>INSTILLATION OF DROPS EYE</u>: position patient, instill eye drops. (\$ 1705)
- x822 ORAL MEDICATION: obtain a glass of water and administer the oral medication. (S 2101)
- x823 <u>SUBCUTANEOUS</u>: locate site for injection, administer medication. (S 2103)
- x826 <u>SUPPOSITORY, RECTAL/VAGINAL</u>: prepare and administer suppository. (S 2104)
- x827 <u>TOPICAL</u>: reposition patient, locate and expose site for topical application of medication, apply medication. (S2105)

DIAGNOSTIC TESTS

Secretary processes

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- x712 <u>HEMATOCRIT</u>: upon obtaining the blood sample, process, assess, and record the results. (S 2211)
- x713 <u>HEMOCCULT OR GUAIAC TESTING FECES/VOMITUS/ GI DRAINAGE</u>: upon obtaining sample, test sample for occult blood, record results. (S 2209r)

- x715 <u>LUMBAR PUNCTURE</u>: obtain consent; assist with procedure; observe and record neurological status; assess puncture site, patient response; V.S. q 15" till stable; instruct patient on positioning (flat); send laboratory specimens as ordered. (S2202r)
- x729 <u>URINE TESTING CHEMSTRIP</u>: upon arrival at bedside, collect urine sample, utilizing test strip, compare/record results of test strip against standard chemistry. (S 2204)
- x731 <u>URINE TESTING SPECIFIC GRAVITY</u>: collect urine sample and utilizing a urometer, measure specific gravity, record results. (S 2206)
- x739 X-RAY PROCEDURE, NON-FLUOROSCOPY, ASSIST: prepare and position patient, wear shield appropriately.

CARDIOPULMONARY

- x701 ARTERIAL PUNCTURE BLOOD GASES: locate arterial puncture site, perform puncture and draw blood, and then place sample on ice, Apply pressure to puncture site; label sample. (S 1503)
- x704 <u>CARDIAC MONITOR</u>: attach patient to monitor, turn on, and observe monitor and/or monitor strips as required.
- E019 <u>CENTRAL VENOUS PRESSURE</u>: position patient and assess sternal angle, measure pressure, restore equipment to original position, and record results. (S 1004)
- E026 <u>COUGH AND DEEP BREATHE</u>: instruct to patient cough and deep breathe, if cough productive then dispose of sputum. (S1419)
- Z075 <u>ELASTIC STOCKINGS</u>: expose lower extremities, and then put elastic stockings on lower extremities. (S 1512)
- E028 INCENTIVE SPIROMETER: assist patient during the procedure to determine proper usage of spirometer. (S 1420)
- x716 MONITOR LEADS APPLICATION/EXCHANGE: exchange leads/or apply new leads. (\$ 1001)
- E030 OXYGEN ADMINISTRATION MASK: turn on oxygen, fit the mask over the mouth and nose, adjust headband, evaluate fit and patient's adjustment to the equipment, and regulate oxygen flow rate. (S1402)

- x319 PULMONARY ASSESSMENT: upon arrival initiate assessment by auscultation of the lungs, and/or percussion of the chest wall over the involved areas. Assess symmetry of chest and determine if respiratory movement is abdominal or thoracic. (S 1202)
- x720 RHYTHM STRIP MONITOR: obtain 20-second strip, record name, date and time, then file for future use. (S 1002)
- x538 <u>SUCTIONING</u>, <u>BULB SYRINGE</u>: utilize the bulb syringe to suction the nose and/or mouth. (S 1426)
- E035 <u>SUCTIONING ORAL</u>: suction oral cavity with suction catheter/oral suction tip, flush catheter before and after each aspiration, replace used equipment. (S 1411)
- x732 <u>VENIPUNCTURE BLOOD CULTURE</u>: apply tourniquet to extremity, cleanse site, perform venipuncture and withdraw blood sample. Apply pressure to puncture site; then label sample. (S 1502)
- x733 <u>VENIPUNCTURE BLOOD SAMPLE</u>: apply tourniquet to extremity, cleanse site, perform venipuncture and withdraw blood sample, and then apply pressure to puncture site. Apply labels on blood tubes. (S 1501)

EMERGENCY PROCEDURES

- x901 <u>AIRWAY INSERTION</u>: insert airway, assess patency of airway; assess respirations.
- x902 <u>CARDIOPULMONARY RESUSCITATION</u>: upon arrival at bedside, perform any or all aspects of cardiopulmonary resuscitation.
- x904 <u>RESPIRATORY RESUSCITATION</u>: check all equipment, assist physician and insertion of endotracheal/tracheostomy tube, bag breathe as indicated, connect respirator. (S 1416)
- x905 <u>SEIZURE CARE</u>: upon arrival in the patient's area, place padded tongue blade in position, and support patient during the seizure. (S 1810)

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INDEX OF NURSING ACTIVITIES BY CATEGORY

CODE	<u>OBSTETRICS</u>
Z001 Z002 Z003	Adjust ultrasonic transducer/tocotransducer Amniocentesis, assist Amniotomy. assist
Z004 Z005 Z006	Cesarean section, assist Changing perineal pad Comfort measures
Z007 Z008	Dilatation and effacement assessment, assist Dilatation and effacement, initial check and intake, assist
Z009	Dilatation and effacement, initial check and intake, (RN)
Z010 Z011	Dilatation and effacement, labor check with V.S. (RN) Dilatation and effacement, labor check without V.S. (RN)
Z012	Fetal electrode insertion, assist
Z013 Z014	Fetal electrode insertion (RN) Fetal electrode insertion/intrauterine catheter insertion assist
Z015	Fetal electrode insertion/intrauterine catheter insertion, (RN)
x208	Fetal heart tones, doppler
x209	Fetal heart tones, manual
Z016	Fetal scalp blood sample, assist
x546	Fleets enema
Z017	Fundus massage, (post-partum)
Z018	General anesthesia, recovery of post-partum patient
Z019	Internal or external monitoring - uterine activity fetal heart tones
Z020	Intrauterine catheter insertion
Z021	Intrauterine catheter insertion, assist
Z022	Intravenous titration of medication
Z023	Local anesthesia, recovery of post partum patient
Z024	Manual assessment of contraction
Z025 Z026	Manitonian Catal baset bases 114
	Monitoring fetal heart tones, ultrasonic transducer
Z 027	Newborn care

CODE	
ZU28 M004 M005	Newborn identification procedure Nipple stim:lation contraction test Non-stress test
Z029 Z030 M006	OB sick call Observation/assessment/coaching, 2nd stage of labor Oxytocin challenge test
Z031 Z032 Z033 Z034	Perineal suture care Pitocin induction, assist Pitocin induction, (RN) Post partum tubal ligation, (performed on labor deck, assist)
Z035	Regional anesthesia, recovery of post partum patient
Z036	Support during contraction
Z037 Z038 Z039 Z001 Z040 Z041 Z042	Teaching - breast care Teaching - breast feeding Teaching - perineal suture care Tocotransducer/transducer, adjustment Tocotransducer - application Tocotransducer and ultrasonic transducer - application Toxemia checks (RN)
M007 Z043 M008 Z044	Ultrasound Ultrasound, assist Ultrasound, biophysical profile, assist Ultrasonic transducer - application
Z045 Z046 Z047	Vaginal delivery in birthing room Vaginal delivery in delivery room Vaginal delivery, recovery of patient (without anesthesia)

2005	••····
CODE	GENERAL PROCEDURES
Z048	AM care
Z049	
Z050	AM care, partial Back rub
Z052	
Z052 Z053	Bathing, complete
x513	Bathing, supplies provided
x724	Catheterization - Foley
Ž054	Catheterization - straight Change chux
Z055	
x502	Change top sheet
E002	Collect valuables/personal effects Death care
Z056	Foley catheter care
x514	Foley catheter removal
Z057	Heat lamp
E004	Isolation, gowning, and gloving
x529	Occupied bed linen change
Z058	Oral hygiene
Z059	Perineal care
x510	Reinforce dressing
Z060	Shower - assist/stand-by
Z061	Sitz bath
x539	Surgical prep. local
x548	Surgical prep, local Unoccupied bed linen change
x736	Urine specimen - Foley
x617	Urine specimen - routine/clean catch
x537	Vaginal/pelvic exam (stand by)
	=3 ····································
	MOBILITY
7000	Alt a second
Z062	Adjust position of bed
x401	Adjust restraint
x531	Adjust side rail
x531 E003	Change patient's position in bed
Z063	Fowlers/Trendelenburg position
Z064	Mobility - ambulating first time
Z065	Mobility - assist while walking
Z066	Mobility - bed to chair
Z067	Mobility - bed to commode
Z068	Mobility - bed to standing position
x412	Mobility - bed to stretcher
ATAC	Mobility - to sitting on side of bed
	PSYCHOLOGICAL
x601	Answer patient's questions
	•

CODE	
x602 Z069 x620	Explain procedures and tests Orientation to clinical unit Visit with patient/purposeful interaction
	WEIGHTS/MEASURES
x202 x203 Z070 x204 x216 x217 x219 x220 x221 x222 x223 x226 x227 x228 x229	Ambulatory weight Automated B/P and pulse monitor Bed scale weight Blood pressure, manual Oral temperature, pulse and respirations Oral temp, pulse, resp, and manual B/P Pulse - apical Pulse - doppler Pulse - pedal, femoral, popliteal Pulse - radial, brachial Rectal/axillary temperature, apical pulse and resp. Respirations Temperature - axillary, electronic, mercury Temperature - oral, electronic/mercury Temperature - rectal, electronic/mercury
	NUTRITION
x512 x212 Z071 Z072	Fluid Measuring and recording intake Serving meal tray Snack
	ELIMINATION
x515 x519 x213 types x214	Bedpan, assist Incontinent care Measuring and recording output - drainage bottles all Measuring and recording output - liquid feces, vomitus
x215	Measuring and recording output - urine
	MEDICATION/IV THERAPY
Z073 x809 x810 x811	Heparin lock (initiate) Intramuscular, narcotic Intramuscular, non-narcotic Intravenous infusion - blood, blood products

CODE	MEDICATION/IV THERAPY
x812 x829 x813 x814 x815 Z074 x816 x817 x819 x807 x822 x823 x826 x827	Intravenous infusion - change IV bag/bottle Intravenous infusion - check/fix Intravenous infusion - flow rate Intravenous infusion - infusion pump set-up Intravenous infusion - initiate Intravenous infusion - IV catheter care Intravenous infusion - IV push medication Intravenous infusion - piggyback medication Intravenous or arterial line - termination Instillation of drops - eye Oral medication Subcutaneous Suppository, rectal/vaginal Topical
	DIAGNOSTIC TESTS
x712 x713 x715 x729 x731 x739	Hematocrit Hemoccult or guaiac testing - feces/vomitus/GI drainage Lumbar puncture Urine testing - chemstrip Urine testing - specific gravity X-ray procedure non-flouroscopy, assist
	CARDIOPULMONARY
x701 x704 E019 E026 Z075 E028 x716 E030 x319 x720 x538 E035 x732 x733	Arterial blood gases Cardiac monitor Central venous pressure Cough and deep breath Elastic stockings Incentive spirometer Monitor leads application/exchange Oxygen administration - mask Pulmonary assessment Rhythm strip - monitor Suctioning, bulb syringe Suctioning, oral Venipuncture - blood culture Venipuncture - blood sample

EMERGENCY PROCEDURES

x901	Airway Insertion
x902	Cardiopulmonary resuscitation
x904	Respiratory resuscitation with ambu
x905	Seizure care

INDEX OF ALL ACTIVITIES

<u>CODE</u>		SHERROD
Z062 x401 x529 Z001 x901	Adjust position of bed Adjust restraint Adjust side rail Adjust ultrasonic transducer/tocotransducer	S0502 S401 S505 S2435
Z048 Z049 x202 Z002 Z003 x601 x701 x203	Airway insertion AM care AM care, partial Ambulatory weight Amniocentesis, assist Amniotomy, assist Answer patient questions Arterial - blood gas Automated B/P and pulse monitor	S0104 S0113 S0901 S2425r S2423 S0703 S1503
Z050 Z052 Z053 Z070 x515 x702 x204 x703	Back rub Bathing, complete Bathing, supplies provided Bed scale weight Bedpan, assist Blood - dextrostix Blood pressure manual Blood sample - lancet	\$1617 \$101 \$0113 \$0902 \$0305 \$0801
x704 x902 x513 x724 E019 Z004	Cardiac monitoring Cardiopulmonary resuscitation Catheterization - Foley Catheterization - straight Central venous pressure Cesarean section, assist with	
Z054 x531 Z005 Z055 x502 Z006 E026	Change bed Change patient position in bed Change perineal pad Change top sheet Collect valuables/personal effects Comfort measures Cough and deep breathe	S0118 S0117
E002 Z007 Z008 Z009 Z010 Z011	Death care Dilatation & effacement assessment, assist Dilatation & effacement, initial check and intake Dilatation & effacement, initial check and intake Dilatation & effacement, (labor check with VS) (R Dilatation & effacement (labor check without VS)	: (RN) IN)

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CODE		SHERROD
Z075 x602	Elastic stockings Explain procedures and tests	\$1512 \$0702
Z012 Z013 Z014	Fetal electrode insertion, assist Fetal electrode insertion (RN) Fetal electrode insertion/intrauterine catheter insertion, assist	
x208 x209 Z016	Fetal electrode insertion/intrauterine catheter insertion, (RN) Fetal heart tones doppler Fetal heart tones manual Fetal scalp blood sample, assist	
x546 x512 Z056 x514 x513	Foley catheter removal Foley catheterization	\$202 \$1903 \$1907
E003 Z017	Fowlers/trendelenburg position Fundus masage	\$507
Z018	General anesthesia, recovery of post-partum patier	nt
Z057 x712	Heat lamp Hematocrit	S1616
x713	Hemoccult/guaiac testing - feces/vomitus/drainage	\$2209
Ž073	Heparin lock, initiate	32203
z073 x516 E028 x519	Heparin lock, initiate Ice pack Incentive spirometor Incontinent care	\$1420
Z073 x516 E028	Heparin lock, initiate Ice pack Incentive spirometor Incontinent care Instillation of drops - eyes	
Z073 x516 E028 x519 x807 x212 Z019 x809 x810	Heparin lock, initiate Ice pack Incentive spirometor Incontinent care Instillation of drops - eyes Intake and output Internal or external monitoring - uterine activity Intramuscular - narcotic Intramuscula - non-narcotic	\$1420 \$1705
X516 E028 X519 X807 X212 Z019 X809 X810 Z020 Z021 Z022 E004	Heparin lock, initiate Ice pack Incentive spirometor Incontinent care Instillation of drops - eyes Intake and output Internal or external monitoring - uterine activity Intramuscular - narcotic Intramuscular - non-narcotic Intrauterine catheter insertion Intrauterine catheter insertion, assist Intravenous titration of medication Isolation gown and gloves	\$1420 \$1705
Z073 x516 E028 x519 x807 x212 Z019 x809 x810 Z020 Z021 Z022	Heparin lock, initiate Ice pack Incentive spirometor Incontinent care Instillation of drops - eyes Intake and output Internal or external monitoring - uterine activity Intramuscular - narcotic Intramuscula - non-narcotic Intrauterine catheter insertion Intrauterine catheter insertion, assist Intravenous titration of medication	\$1420 \$1705

CODE		SHERROD
x817 x814 Z074 x819	IV infusion-piggybacks IV infusion pump set up IV -IV catheter care IV or arterial line - termination	
x527 Z023 x715	Linen change Local anesthesia, recovery of post-partum patient Lumbar puncture	
Z024	Manual assessment of contraction	
x215 x213	Measure/record output - urine Measuring/record output - drainage bottles, all types	S0304
x212 x214	Measuring & recording intake Measuring & recording output - liguid feces or	
x215	vomitus Keasuring & recording output - urine	\$0302r
Z063	Mobility - ambulating first time	S0401
Z064	Mobility - assist while walking	S0405
Z065	Mobility - bed to chair	S0403
Z066	Mobility - bedside commode	
		S0404
Z067	Mobility - bed to standing position	S0402
Z06 8	Mobility - bed to stretcher	S0504
Z071	Mobility - dangle/sit on side of bed, assist	S0406
x412	Mobility - to sitting on side of bed	
x716	Monitor lead application/exhange	S2001
Z026	Monitoring fetal heart tones, ultrasonic transduc	er
Z027 Z028 M004 M005	Newborn care Newborn identification procedure Nipple stimulation contraction test Non-stress test	
Z029 Z030 x529 Z058	OB sick call Observation/assessment coaching, 2nd stage of labo Occupied bed linen change Oral hygiene	or S0109
x822	Oral medication	S2101
x216 x217	Oral temperature pulse, and respiration Oral temperature pulse, resp, and manual B/P	\$0808
Z069	Orientation to clinical unit	S0701
E030	Oxygen administration - mask	S1402
MOC6	Oxytocin challenge test	

process assessed because of the processes and the processes are processes and the pr

CODE		SHERROD
Z059 Z031 Z032 Z033	Perineal care Perineal suture care Pitocin induction, assist Pitocin induction (RN)	S1906
Z034 x319 x219 x220 x221	Post partum tubal ligation performed on labor deck Pulmonary assessment Pulse - apical Pulse - doppler	c, assist S1202
x222	Pulse - radial/brachial	
x223	Rectal/ax. temp., apical pulse and respiration	
Z035 x510 x226	Regional anesthesia, recovery of post-partum patie Reinforce dressing Respirations	s1606
x904 x720	Respiratory resuscitation Rhythm strip - monitor	S1416 S1002
x905	Seizure care	31000
E005 Z071	Seizure precautions	5204
Z060	Serving meal tray	S204
Z061	Shower, assist/stand-by Sitz bath	S0115 S1612
Z072	Snack	S203
x823	Subcutaneous	3203
x538	Suctioning, bulb syringe	S1426
E035	Suctioning, oral	
Z036	Support during contraction	
x826	Suppository, rectal or vaginal	
x539	Surgical prep, local	S1613
Z037	Teaching - breast care	
Z038	Teaching - breast feeding	
Z039	Teaching - perineal suture care	
x227	Temperature - axillary, electronic/mercury	S0807
x228	Temperature - oral electronic/mercury	\$0805
x229 Z040	Temperature - rectal electronic, mercury	\$0806
Z041	Tocotransducer - application Tocotransducer and ultrasonic transducer applicati	
x827	Topical	Off
Ž042	Toxemia checks (RN)	
M007	Ultrasound	
Z043	Ultrasound, assist	
800M	Ultrasound, biophysical profile	
Z044	Ultrasonic transducer - application	
X546	Unoccupied bed linen change	

CODE		SHERROD
x730	Urine specific gravity	S2206
X736	Urine specimen - Foley	S1905
x617	Urine specimen - routine/clean catch	S1904
x729	Urine testing - chemstrip	
x731	Urine testing, specific gravity	
Z045	Vaginal delivery in birthing room	
Z046	Vaginal delivery in delivery room	
Z047	Vaginal delivery, recovery of patient without	anesthesia
x537	Vaginal/pelvic exam (stand-by)	S1910
x732	Venipuncture - blood culture	S1502
x733	Venipuncture - blood samples	S1501
x620	Visit with patient/purposeful interactoin	S0704
x739	X-ray procedure, non-fluoroscopy, assist	

APPENDIX A

The Sherrod Code identified at the end of the operational definitions (S xxxx) corresponds to activities previously defined in the <u>Nursing Care Hour Standards Study</u> (Sherrod, Rauch, & Twist, 1981). The letter "r" by this number code (S xxxx r) denotes a similar patient care activity title but a change or revision in definition.

The operational definitions in ambulatory care and obstetric services will include many patient care activities that were timed in the Sherrod study. The operational definitions in the inpatient nursing care hours study were used to time nursing care activities that were "carried out in the presence of the patient" (Sherrod, 1981, p. 4). The code is referenced to allow comparisons between the data. However, the direct patient care activities timed in both ambulatory care and obstetric services will not be confined to those aspects of direct care activities carried out in the presence of a patient. Times for patient care activities will be recorded on a laptop computer capable of documenting time for needed for the preliminary paperwork, the preparation of medications, supplies, and equipment, the procedure itself, the documentation of the procedure, and cleanup of care site and materials.

APPENDIX B

THE CODING SYSTEM OF AMBULATORY CARE NURSING ACTIVITIES

The Workload Management System for Nursing (WMSN) is a patient classification/staffing system operational in the inpatient areas of 36 Navy and 50 Army hospitals. The Ambulatory Care Project hopes to extend the WMSN into the emergency and outpatient departments of shore based Naval medical treatment facilities.

In preparation for work measurement studies and the operational defining of direct care nursing activities, nursing experts were consulted and a literature review was conducted (Calkin, Wallace, Chewning, & Gustafson, 1975; Jenkins & van de Leuv, 1978; Kukuk & Murphy, 1980; Sherrod, Rauch, & Twist, 1981; and Naval Medical Command, 1985). In addition, a survey of 567 registered nurses working in emergency and outpatient departments of Naval medical treatment facilities was conducted in FY 86 (Warren, Styer, & Sturm, 1987). The coding system was developed to simplify identification of activities for timing on laptop computers.

The four digit code refers to the clinical area (A - Z), the type of activity (1 - 9, plus 0 for Specialty procedures), and the alphabetized list of activites (1-99).

The ambulatory care operational definitions manual consists of activities in the following clinical areas studied in FY 87:

Emergency Department Orthopedic Clinic

Gastroenterology Clinic Pediatric Clinic

Immunization/Allergy Clinic Primary Care Clinic (FPC,

Internal Medicine Clinic MSC, Acute Care)

Obstetrics/Gynecology Clinic

Surgery Clinic (Gen., Plastic)

Activities found in specialized areas are defined in the manual under Specialty Procedures. Activities found commonly in several clinical areas are described in nine other general areas of responsibility:

x100 -	Log In/Out	x6 00 -	Instruction/Teaching
x200 -	Weights/Measures	x 7 00 -	Diagnostic/Tests
x300 -	Assessment	x 8 00 -	Medications/IV therapy
x400 -	Transport/Safety	x 9 00 -	Emergency Procedures
x500 -	Gen Procedures/Trtmts	x 0 00 -	Specialty Procedures

The activities to be timed are listed alphabetically and numbered consecutively under the appropriate area of responsibility: eg., x101, x102, 103.... Observers enter the ER or clinic letter in place of the "x:"

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	A000 - Aviation Medicine	NOOO - Occupational Health
	B000 - Blood Bank	0000 - Ophthalmology
	COOO - Cardiology	P000 - Oral Surgery
	D000 - Dermatology	Q000 - Orthopedic
	E000 - Emergency Dept	ROOO - Otolaryngology
	F000 - Gastroenterology	\$000 - Pediatric
	G000 - Hematology/Oncology	
	HOOO - Immunization/Allergy	TOOO - Physical Exam Clinic
	I000 - Int.Medicine/Endocrin.	U000 - PCC/FPC/MSC/MAC
	J000 - Nephrology	V000 - Pulmonary
8		W000 - Rheumatology
	K000 - Neurology	X000 - Surg.(Gen/Plas/Neuro)
S.	L000 - NP/Alcohol Recovery	Y000 - Urology
	M000 - Obstetrics/Gynecology	Z000 - Other (e.g., Labor and Delivery)
8		
3		
8		

X 2		
	33	
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Campany, J. and Rossi, M. (1984). Patient classification in the Labor and Delivery Room. Unpublished study.

Sherrod, M., Rauch, T. M., and Twist, P. A. (1931). <u>Mursing care hour standards study</u>. Fort Sam Houston, TX: Academy of Health Sciences. (DTIC No. ADA109886)

Warren, C.S., Sturm, M. K., and Styer, D.J. (1987). Operational definitions of ambulatory care nursing activities: Phase II of the Workload Management System for Nursing Ambulatory Care Project. Bethesda, MD: Naval School of Health Sciences.

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